



The best activities guide around!

MAY 2009

**Bench Press
Body Weight
Times**

MALE

FEMALE

**SWIM
FASTEST LAP**

MALE

FEMALE

40 Yard Dash

**Volleyball
Accuracy (%)**

**Football
Accuracy (%)**

**Pool - 50 Meter
Kick Board**

MALE

FEMALE

MALE

FEMALE

11:00

11:45

11:45

12:30

12:30

14:00

14:00

14:45

14:45

15:30

15:30

YANO

YANO GYM

YANO



CZCC Gourmet Dinner at Eda's – 8th
Mother's Day Buffet – 10th
One Day Individual Stroke Play – 16th
CZCC Bunco Time – 22nd
CZCC Wine Social – 23rd
Commander's Cup Golf Tournament – 30th
Bazaar – 30, 31st

“See the Bugle for the advertisement”.



The U.S. Army Garrison, Japan (USAG-J), DMWR, Marketing Branch, produces the Zama Bugle. The Marketing Branch is located in Bldg. 102, B100 (Northeast Corner) South Camp Zama, Japan

Mention of corporate names in this publication does not imply endorsement by the U.S. Army or Federal Government of the United States.

DMWR strives to provide individuals with



disabilities reasonable accommodation, and are included in all

community recreation program planning, as appropriate for the activity. For further information, please contact the activity manager on accommodations.

ZAMA Community BUGLE

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THIS MONTH'S COVER

Last year, the Yano Fitness Center and the Youth Center started “The Zama Book of Records” which offered adults and youths a chance to compete in a variety of physical events to determine who should be in the “Zama Book of Records” in which photos and write-ups of the finalists were printed. The publication can be picked up at MWR facilities. This year, Yano tryouts for adults are the 3rd Saturday of each month with the 1st event starting at 10:15 am (check the large board near the counter for times and events). Just show up at the time of the event you want to enter. Tryouts for youths at the youth center are the 3rd Thursday of each month starting at 3 pm (check the youth center’s large board for events).

Our May Bugle cover photo shows Yano Recreation Specialist Yoko Saito and Recreation Assistant Stevon Shufford preparing the “Zama Book of Records” board for this year.

Show up, try out and see if YOU can be in this year’s book!

Photo by Mr. Richard Haun.



“See the Bugle for the advertisement”.

V

ictim Advocacy.

Victim Advocacy is a free service for all personnel in the military community. The victim advocate for Camp Zama is located in Building #402, Army Community Service. Victims are encouraged to come and speak with a trained victim advocate and inquire about available services. The victim advocate works with those who have been a victim of domestic violence or sexual assault. To contact the victim advocate, call 263-HELP /4357 or 080-6772-6735.

■ Army Community Service • 263-8327

RELOCATION READINESS 263-HELP (4357)

• *Newcomers Train Class, Parts I and II*

Part I: 14 May, 6 am - 8 pm, ACS Community Room, Bldg 402. This class will teach you how to read the signs in the stations, buy train tickets and more.

Part II: 16 May, 9 am - 4:30 pm, Gate 4, Camp Zama. Join us as we practice how to travel by train and subway. Children and Family members are welcome; bring about ¥1,400 per person for transportation expenses and extra yen for shopping.

• *Shopping on the Economy*

15 May, 9:45 am - 12:30 pm, Gate 4, Camp Zama. Join our Japanese volunteers as they take you on a guided walking tour to a local supermarket, then on to the five story 100 Yen Shop in Machida via train. Bring ¥400 for transportation and extra yen for shopping. Children are welcome. CLASS CANCELLED DURING BAD WEATHER CONDITIONS..

AER/FINANCIAL/EMPLOY- MENT, 263-HELP (4357)

ACS Financial Readiness Program offers a variety of services such as finance education, budget assistance and personalized budget counseling along with a host of many other finance support programs. This program was created to enhance and maintain mission readiness and quality of life by providing Soldiers and their Family members a ready-made program to help achieve personal financial readiness and deploy-ability through the use of sound money management. Units and FRGs may request classes, by emailing gary.wertz@zama.army.mil two weeks in advance minimum. For more information, contact 263-5550

* 1st Wednesday each month, 8:30 am - 4:30 pm, Mandatory First Term Soldiers Financial Readiness Class.

* 2nd Wednesday of each month, 1 - 2:30 pm, Credit and Debt; 2:30 - 4:30 pm, Investment / TSP.

* 4th Wednesday of each month, 1 - 2:30 pm, Basic Budget; 2:30 - 4:30 pm, Checkbook Management.

AER EMERGENCY LEAVES: Primary funding for travel to a gateway city of service members and command sponsored Family members, is handled by the Military Personnel Division. AER assists with travel from the gateway to and from the leave site.


FAMILY ADVOCACY PRO- GRAM, 263-HELP (4357)

The Family Advocacy Program provides services that support military Families. The programs are designed to prevent Family violence and sexual assault. If you, your unit, or organization would like to schedule a class, workshop or seminar on topics such as spouse and child abuse prevention, reporting and referral procedures, safety education, Family life enhancement, stress management, survival tips for parents, etc., contact the Family Advocacy Program Manager at 263-8327.

NEWCOMER'S ORIENTATION

Wednesday, 13 May, 8 am - 3 pm

... Community Club (Right Wing) ...



- Opening welcome by the Command Group and overview of different programs and services presented by various representatives.
- "Taste of Japan" luncheon at the Camp Zama Community Club sponsored by KDDI (left wing).
- Mandatory for military and civilian personnel. Adult Family members are encouraged to attend.
- Free hourly child care available for attendees. Please contact Zama CDC 263-4992 or SHA CDC 267-6564 for reservations.

MWR Commercial Sponsorship and the ACS staff thank our sponsor, KDDI, for supporting the Newcomer's Orientation Program and the Zama community.

• For International Calls:
99 + 001 + Country Code + Area Code + Phone No.

"See the Bugle for the advertisement".

The Reporting Point of Contact (RPOC) for suspected child abuse and spouse abuse is the Military Police at 263-3002. Reports of domestic violence may be made on a restricted basis only to the following designated personnel: military health care providers, Family Advocacy clinical social workers at Behavioral Health Services at 263-4610, the Family Advocacy Program Manager (FAPM) at 263-8327 or Victim Advocate at 263-4853. Information provided in restricted reports will not be disclosed automatically to command or law enforcement. Access to medical care, forensic examination, advocacy, intervention and support will be provided. Contact ACS at 263-8327 for additional information about domestic violence restricted and unrestricted reporting.

• **Sexual Assault Prevention and Response Program (SAPRP)**

Sexual Assault Hot line from a DSN: 882# or 090-9395-8909.

This is a commander's program designed to help prevent sexual assault through increased awareness and training and to provide information and resources if sexual assault occurs. An individual who has been sexually assaulted may report the incident in a restricted or unrestricted manner. To make a restricted report, contact a medical provider, chaplain, the Sexual Assault Response Coordinator (SARC) at 263-HELP /4357 or the on-call Unit Victim Advocate at 882# or 090-9395-8909. To make an unrestricted report, contact the Military Police at 263-3002, the chain of command, or the SARC at 263-HELP /4357 or 080-6772-6735.

NEW PARENT SUPPORT (NPSP), 263-4572

The NPSP, a division of the Family Advocacy Program, specializes in assisting and offering services to new and expecting parents.

* Play Morning is an interactive playgroup for parents and children aged birth-6 years. Held Tuesdays, 9:30

am - 11 am, at Zama Chapel, Bldg, 502 and every 2nd, 3rd, 4th Thursday, 9:30 - 11 am, at SHA CDC.

* Breast Feeding Support Group held 7 May, 9:30 - 10:30 am, at ACS.

* Breast Feeding Support Group held 18 May, 9:30 - 10:30 am, at SHA CDC.

* Baby Love Seminar for this month will be "Developmental Appropriate Toys" held during Zama Chapel Play Morning: 12 May, 9:30 - 10 am and also held during SHA CDC Play Morning: 28 May, 9:30 - 10 am.

* "Social and Emotional Development", a community workshop, will be held from noon - 1 pm at ACS on 22 May. Pre-register by COB 15 May at 263-4572.

* "Baby Bundles": information and supplies for new and expectant parents and electric breast pumps are available by calling the NPSP phone number or e-mailing: cheryl.rendon@us.army.mil.

EXCEPTIONAL FAMILY MEMBER PROGRAM, 263-HELP (4357)

The Camp Zama Exceptional Family Member Program (EFMP) is a mandatory enrollment program for active duty Soldiers with Family members with special needs. It is important for sponsors to enroll their Family members to ensure their Family members receive the best possible care at their existing and future duty assignments. If you are currently enrolled in EFMP keep in mind your file must be reviewed every 3 years or upon a change in condition of the Family member, whichever comes first. Soldiers just arriving at Camp Zama and the sponsor of an Exceptional Family Member must in-process with the EFMP Coordinator. Come out and network with other parents when you join the EFMP Parent Support Group which meets every 3rd Tuesday of each month at ACS from noon - 1 pm. This month, we

MEDICAL MORNING BRIEFING

**14 May
8:30 am - 2 pm**

Camp Zama Community Club (right wing)

Health care professionals provide information about medical care and counseling services in Japan and the military community.



Attendance is mandatory for military and civilian personnel in order to receive a permanent SOFA status driver's license. Adult Family members may also attend. Free hourly child care available for attendees. Please contact Zama CDC 263-4992 or SHA CDS 267-6564 for reservations.

are offering a workshop on "EFMP and You" held on 20 May, noon - 1 pm at ACS. This workshop will be presented by Cheryl Rendon, EFMP Coordinator at ACS. Pre-register by COB on 15 May, at 263-4572. For more information or to register for upcoming workshops, contact Cheryl Rendon, ACS EFMP Coordinator, at 263-4572.

COMMUNITY LIFE OFFICE, 263-HELP (4357)

• **Army Volunteer Corps (AVC)**
Would you like to learn new skills, meet new people and explore new career fields? Would you like to make a difference? Then you may want to enter the exciting world of volunteerism. To become a Camp Zama volunteer contact your Army Volunteer Corps Coordinator at 263-8087.

ARMY FAMILY TEAM BUILDING (AFTB) 263-HELP (4357)

*The Key to your Army Journey and
Pass Port to Power!*

Join us for our next AFTB Class!

If you are a young Soldier SGT or below and need promotion points AFTB is a good source and a great tool that you will be able to use throughout your military career. Please call or email the Program Manager at 263-8087 or e-mail wilda.tierney@us.army.mil.

ARMY FAMILY ACTION PLAN (AFAP), 263-HELP (4357)

"AFAP is a year round process!"

To submit an AFAP issue, log onto <http://www.mwrjapan.jp.pac.army.mil/> and click on "Submit an AFAP Community Idea/Concern". Issues can be submitted anonymously and will be sent directly to the AFAP Program Manager.

INFORMATION AND RE- FERRAL, 263-HELP (4357)

I and R provides maps, directions and tourist information for the local area and for most military installations throughout Japan, as well as resource information on public, private, and voluntary agencies at Camp Zama. Resource information can also

be accessed using CAC readers at <https://intranet.zama.army.mil>. After 4:30 pm and on weekends, maps and directions can also be found on www.mwrjapan.jp.pac.army.mil under "Army Community Service". Other services include: confidential client intakes, crisis intervention, referral to other programs, assistance for Japanese school enrollment and teaching English in Japan.

* *English as a Second Language Class (ESL)*: Every Wednesday, 1 - 2:30 pm, all levels. No pre-registration required.

* *Knitting and Crocheting Class*: Every Tuesday, 9:30 - 11:30 am.

* *Adult Japanese Class*: Every Wednesday 10 - 11 am, intermediate; 11 am - noon, beginner. No pre-registration required.

* *Children's Japanese Classes*: Every Monday, 10:30 - 11:15 am and 11:15 am - noon. No pre-registration required.

NOTE: All of the above classes are held at ACS Bldg, 402.

ALL CLASSES ARE CANCELLED
ON US HOLIDAYS



TEXAS HOLD'EM TOURNAMENT
Saturday, 9 May, 2 pm, CZCC Ballroom

*Tickets purchase by 5 May \$40
After 5 May \$50*
Includes buffet, non-alcoholic drinks & prizes
Prizes will be based on the number of players
Sign-up at the Cashier's Window

ADULTS ONLY

FOR MORE INFORMATION,
CALL 263-4547

Logos: Texas Hold'em No Limit, Camp Zama Community Club, MWR (My Warrior's Right) All of Your Life.

Visuals: Playing cards (Ace of Hearts, King of Hearts, Queen of Hearts, Jack of Hearts, 10 of Hearts) and stacks of red and blue poker chips.

YOUTH SPORTS AND FITNESS

Youth Sports and Fitness programs are designed so that all children can have FUN and enjoy playing sports. Our recreational league plays with other nearby military installations and buses are provided to Yokosuka, Yokota, Ikego and Negishi. Although we also play with Atsugi, buses are not provided due to the close proximity of the base. We practice during the

week and play games on Saturdays. Come and enjoy the fun! Please check our web site www.zamayouthsports.org for more information.

VOLUNTEER COACHES

Youth Sports and Fitness is looking for volunteers to help coach youth sports. If you are interested, please contact us at 263-5437. Applications are available on line at www.zamayouthsports.org. Once your

application is accepted, you will be notified and be certified at the next coach's certification meeting.

OFFICIALS FOR YOUTH SPORTS

Youth Sports and Fitness is always in need of qualified officials. If you are interested in officiating games for youth sports, please contact us at 263-5437.

schedule for May



Junior Golf Clinic Registration

Cost: \$45 for one clinic or \$80 for both clinics

Clinic #1: 15 - 18 June

Clinic #2: 13 - 16 July

Schedule:

Ages 6 - 9 (0800 - 0930)

Age 10 and Above (1000 - 1130)



Summer League Basketball

Registration dates are 1 May - 12 June, games are 27 June - 1 August. The age groups are 12 - 15 and 16 - 18.



Start Smart is for all children ages 3 - 4 years old. This program is designed so that parents can work with their children to develop skills to play sports. This is a coach led program where parents and children work at different stations each week and practice the basic fundamentals of sports like baseball, basketball, football, general sports and golf.



Baseball, softball and tee ball games
Every Saturday until 6 June.

NEW Summer Soccer

Youth Sports and Fitness will hold small sided soccer this summer. The age groups will be 5 - 6, 7 - 8, 9 - 10, 11 - 12, 13 - 15; Girls 9 - 11 and 12 - 15. Ages groups may vary depending on sign ups. Small sided soccer means that we will play on small fields with 6 players side. Small sided soccer is designed so that more players have a chance to be involved in the games. All games will be played Friday nights. Registration dates are: 1 May - 12 June. Games are 26 June - 31 July.



New Girl's Summer Volleyball

Youth Sports and Fitness is looking for volleyball players to form a summer league. The age groups are 12 - 15 and 16 - 18. Registration dates are 1 May - 12 June. Games, date TBA.

• All registrations are taken at the CYS Central Enrollment Registry Office, Bldg #533. For more information, call 263-4125.

Come

hang out with us during "Spring Break". Are you ever bored on Sunday's? Well the Zama Youth Center will be open on 10 May from noon - 5 pm.

If you would like detailed information on any of our programs please check out our web site at www.zamayouthcenter.org.

■ Child, Youth and School Services

• 263-4500 www.zamayouthcenter.org

..... ATTENTION

The youth center will be closed on the following days:

22 May - Training Holiday

24 May - Closed due to Memorial Day weekend

25 May - Memorial Day holiday

YOUTH CENTER

• "6th Grade Happening"

Our monthly "6th Grade Happening" will be held on 15 May from 7 - 10 pm. The cost is \$2. Transportation will be provided from Sagami Depot at 5:45 pm, SHA Commissary, and Atsugi Theater at 6:30 pm. Come out and enjoy a night of fun, food and lots of entertainment.

• Open MIC Night

Friday, May 15. Do you play Guitar, write Poetry, Rap or just want to sing? Then, the Zama Youth Center has the program for you. We will be hosting an open mic night from 7 - 10 pm. The cost is FREE for all youths in grades 8th - 12th. Transportation will be provided from SHA Commissary

at 6:30 pm, and Atsugi Theater at 6:15 pm.

• Parent Advisory Committee Meeting

Tuesday, 19 May, our monthly PAC (Parent Advisory Committee) meeting at the Zama Youth Center will start at 5:30 pm. We believe you're an important part in helping us with your input regarding youth center programs as well as establishing or changing youth center procedures. For more information call Chris Mckibbin, Youth Center Director, at 263-8574.

• Youth Zama Book of Records

Thursday, 21 May. Attention TEENS! YOU TOO, CAN BECOME A LIVING LEGEND!!! Every 3rd Thursday

BE A PART OF SOMETHING SPECIAL!

JOIN A CLUB!

• **Keystone Club:** A great leadership program for teens 14 - 18. This program gives young people the opportunity to contribute something of value to others and to have a voice in how that contribution is made. Keystoneers plan and implement their own activities in six core areas: character and leadership, service to club and community, education and career exploration, free enterprise, unity and social recreation. To find out more about this program and how to get involved, contact Ms. Suchin Rice or Jennifer Hornbrook at suchin.rice@us.army.mil or jennifer.hornbrook@us.army.mil.

• **Torch Club:** A great leadership program for teens 11 - 13. Torch Club members learn to work together to plan and implement activities in four areas: service to club and community; education; health and fitness; and social recreation. Through service activities, Torch Club members identify club and community needs, develop programs and activities and actively participate in their community. To find out more about this program, contact Mr. Robert Chance at Robert.1.chance@us.army.mil.

• **DJ CLUB:** Do you want to be you own boss? Do you love listening to music? Do you need to make some money? Well, the Camp Zama Teen Center has a program for you. The youth center will teach you all the basic criteria to become a professional DJ. This program is for registered members 7th - 12th grade. To find out more about this program, contact Mr. Robert Chance at 263-5441.

• **Tech Club and ZTN Crew:** Be a part of a youth run news show! Club members in grades 6th - 12th grade will learn how to film, edit and produce their own news show which will be shown on the Zama Youth Center's website and on the MWR Channel. We're looking for youth anchors, reporters, camera persons, editors, and producers. Youths may join at anytime. To find out more about this program, contact Mr. Dan Sheahan at daniel.m.sheahan@us.army.mil



 **BOYS & GIRLS CLUBS**

of the month at the Zama Youth Center we will have different events for you to challenge. At the end of the year your record as well as your picture will grace the glossy Zama Book of Records along with the Yano Fitness Center's Book of Records. Challenges include: 3pt shoot out, consecutive free throws, hula hoop spins, pogo stick jumps, and Wii homerun and many more.

• **Arts and Crafts Day**

If you are an aspiring artist or just want to have fun with your friends, come check out our Arts and Crafts day every Tuesday at 3 pm.

COMPUTER LAB

• **Photoshop Computer Drawing Contest**

On May 11th, the youth center's tech lab will have a contest to see who can make the best artwork with photoshop. You may use the drawing tablet or use the special effects photoshop has to offer. Whatever it may be, may the best one of you win.

• **3D Graphic Design**

Blender - On May 7th and 8th, the youth center's tech lab will have a 3D Graphic Design. The program

"Blender" is a free program that generates 3D space to develop 3D pictures or designs. Come by and give it a try.

• **Special Effects for Movies**

On 28 - 29, the youth center's tech lab will give you an opportunity to learn how to do special effects for movies on After Effects. This gives you a chance to see how some of the

magic is done for movies and gives you a chance to work your own.

• **Tech Club Meetings**

Meetings are on Wednesday from 3 - 4 pm in the Tech Lab. Tech team members are involved in photo taking and manipulation, movie making, web designing and community projects concerning technology and much, much more.

U-TURN PROGRAM



This program is designed for youths to turn themselves around and get the help they need to graduate high school and move on to higher education. It's up to U to turn yourself around. The teen center is here for U! Join us Tuesday and Thursday nights to form study groups;

work together with your classmates; get help from staff and other volunteers; tutor classmates; get S.A.T. tutoring/practice tests; use this time to work on scholarships and other financial aid applications. There will be a return bus to SHA for those youths who participate in the U-Turn Program.

LEGO ROBOTICS

**6 and 20 May
3 - 4 pm**

Registered members in 6 - 12 grades may cooperate with adult mentors in creating robots according to their own interest. The participants start by using pre-existing instructions to build their robot, followed by a programming and investigation session that defines the blueprints for the robot's performance. For more information, call 263-8573

“See the Bugle for the advertisement”.



SUMMER CAMP 2009 REGISTRATION

Registration for "Summer Camp 2009" starts Friday, 1 May. To register your child or for more information, please stop by the CYS Central Enrollment Registry Office Bldg 533, or call 263-4125 or SAS at 267-6013.

SAS BEFORE AND AFTER SCHOOL PROGRAM

Are you looking for a place where your children can join other children in a fun learning environment? Come join School Age Services "Before and After School" program.

REGISTRATION

To register your child, or for more information, please stop by the CYS Central Enrollment Registry Office in Bldg 533 at Camp Zama, or call 263-4125 or SAS at 267-6013.

PARENT'S ADVISORY COUNCIL (PAC) MEETING

Parents: come and support the "Parent's Advisory Council". The PAC meeting is an opportunity for parents to provide input and to have questions and concerns addressed. We meet every third Thursday each month in Bldg 337 (SHA) at 5 pm. The SAS May PAC meeting is scheduled for 21 May.

OPEN RECREATION PROGRAM HOURS

Monday - Friday: 3 - 6 pm
Saturday: 1 - 6 pm
(2nd and 4th of the month).

SAS OPEN RECREATION INFORMATION

- Youths are limited to ten hours of open recreation per month. Each youth must have an "Open Recreation" card to participate and must be registered with CYS.
- CYS Open Recreation cards are available through the CYS Central Enrollment Registry Office, Bldg 533. Each card is issued for a specific month.
- For more information, please call 267-6013 or 263-4743/4125/3397.

SAS MAY EVENTS

May Character Counts: Responsibility

- Friday, 1 May - - - - - Registration starts for "Summer Camp 2009"
- Friday, 8 May - - - 2000 - 0830 - - SAS Lock-In
- Wednesday, 20 May 1700 - - - - Parent's Advisory Council Meeting
- Friday, 22 May - - - Closed - - - CYS Training Day
- Saturday, 23 May - - 1300 - 1800 - - SAS Open Recreation Program (Last day before summer camp)
- Thursday, 25 May - Closed - - - - Memorial Day (national holiday)



SAS Program Hours

Regular	Monday - Friday	0630 - 0830 and 1500 - 1800
Early Care	Monday - Friday	0530 - 0630
Half Day School		0530 - 0830 and 1200 - 1800
No School Day		0630 - 1800

Asian-Pacific American Heritage Month

Observance:

Friday, 15 May,
3:30 - 5 pm

Community Culture Center

"Leadership to meet
challenges of a changing
world"

For more information,
charles.beckles@us.army.mil



“See the Bugle for the advertisement”.

ZAMA CHILD DEVELOPMENT CENTER

• Closed

* 22 May (In-Service Training)

• Children's Day in Japan

5 May, 9 - 11 am. Children will participate in making traditional dishes and play games that are adored by children of Japan.

• Preschool Field Trip

Atsugi Heliport / Atsugi CDC.

8 May, time (TBA).

• PAC Meeting

14 May, 4 - 5 pm.

• National Police Day

15 May, time (TBA). Military Police Officer will visit CDC.

• Heritage Day

16 May, children will represent their heritage by dressing up. All day event.

• Appreciation Hawaiian Luau

21 May, 6 - 8 pm, at Hob Nob Inn with Zama CDC and SHA CDC.

For more information, please phone Miki Nihipali at 263-8081.

SHA CHILD DEVELOPMENT CENTER

• Closed

* 22 May (CYS Training holiday).

• Latino Heritage Week

4 - 8 May, Highlight Spanish book throughout the week.

• National Child Care Provider Appreciation Day

Thursday, 7 May.

• Military Spouse Appreciation Day (Mother's Day Luncheon)

Friday, 8 May, 11 am.

• PAC Meeting

Thursday, 14 May, 4 - 4:45 pm.

• Crazy Hair Day

Tuesday, 19 May.

• Family Night Luau

21 May, 6 - 8 pm, at Hob Nob Inn with Zama CDC and SHA CDC

• "Pictures for Hero's" afternoon

28 May, 3 pm.

For more information, please phone Julia Sektnan at 267-6348.

SHA Child Development Center

Parent's Night Out

Friday, 15 May, 5 - 11:30 pm

- Must register one week in advance with CYS Central Enrollment Registry Office, Bldg 533.

Cost is \$20 per child, ages 6 weeks to 12 years.

A late dinner and evening snack will be provided.



For more information, call 263-4125.

“See the Bugle for the advertisement”.

R

eminder:

If you hit a ball over the net please notify the starter.

■ **Camp Zama Golf Club • 263-3694**
<http://www.usarj.army.mil/information/mwr/business/golf/>

Tournament Schedule for 2009

Match Play Qualifier - - - - -	9 May
Individual Stroke Play - - - - -	16 May, 13 June, 11 July and 22 August
Club Championship - - - - -	12 - 13 September
Zama Open - - - - -	17 - 18 October





PGA FREE LESSON

May is PGA "Free Lesson Month"

*** Discover all the ways to get more golf into your life ***

Throughout the month of May, PGA Professionals nationwide are giving free 10 minute lessons to help you improve your game, or get you started in the game of a lifetime. It's really easy. You can sign up for a free lesson by:

Contacting your local PGA Professional, Dale Jorgenson, at the Zama Golf Course at 263-3694 (e-mail dale.jorgenson@zama.army.mil). Dale has dedicated 2 hours of free lessons on 30 May.

1200 - 1400 (10 minute sessions)

Call to schedule your free 10 minute lesson.

TOMODACHI DAYS ARE AS FOLLOWS:

8 May - Friday
 15 May - Friday
 18 May - Monday
 27 May - Wednesday

Your Japanese guests (max 3 guest per person) can play with you for the low fee of ¥5,000 plus cart. This is a significant savings over the regular rate of ¥11,000. Check with starters for available tee times.

TRADE-INS

You can trade-in your old clubs for "instant" credit towards the purchase of new clubs. Find out how much your clubs are worth at <http://valueguide.pga.com/>

NICHIBEI FRIENDSHIP TOURNAMENT

Wednesday, 13 May, shotgun start at 9:30 am. Contact Ernie Harada at 263-4225 to sign up. Cost is \$25 for SOFA status golfers plus green fees for nonmembers.

PAYDAY SCRAMBLE (FREE)

Friday, 1 May and 29 May, shotgun start at 11:30 am. FREE! MWR is paying the \$15 entry fee and green fees for non-members. MLC/IHA pay ¥5,000 and JGSDF pay ¥3,000. Limited to personnel assigned to USARJ, supporting and tenant units and their Family members. Sign up on-line at <http://www.mwrjapan.army.mil/business/golf/>

MATCH PLAY





QUALIFIER TOURNAMENT

Saturday, 9 May, Zama Golf Course
Regular Tee Times



- This event will be conducted throughout the summer culminating with an 18 hole final in August (you must have a current USGA Handicap Index).
- Fee \$15

Contact Dale Jorgenson
 Director of Golf at 263-3694
 Email dale.jorgenson@zama.army.mil

LUNCH

Mondays

- 4 Pancit, Fried Rice, Lumpia combo
- 11 Chicken Adobo
- 18 BBQ Skewer
- 25 No lunch special (Memorial Day)

Tuesdays

- 5 Bacon Wrapped Pork Loin
- 12 Roast Beef Sandwich
- 19 BBQ Pork Sandwich
- 26 Roasted Chicken

LUNCH

Wednesdays (6, 13, 20 and 27 May)

- Fried chicken served w/corn bread, choice of starch and coleslaw

Thursdays

- 7 Chicken Enchilada
- 14 Beef Taco Salad
- 21 Chicken Fajitas
- 28 Beef Asada

Fridays (1, 8, 15, 22 and 29 May)

- Fried Cod Fish and Shrimp

LUNCH

- Choice of Starch
- Side of Coleslaw or Vegetable of the Day

Saturdays (No Daily Lunch Special)

Sundays

- 3 Lasagna
- 10 Pork Cutlet w/Parmigiana
- 17 Spaghetti w/Meat Balls
- 24 Chicken Alfredo
- 31 Rigatoni Alla Norma



ANNOUNCING

"Zelosity PureLaunch" launch monitor for personalized Club fittings.



Want to know your spin rate, launch angle, distance etc...? No more guess work. Launch monitor with two integrated Doppler-radar transceivers; patented technology; made in USA. Outputs: ball velocity, club head speed, carry distance, power transfer ratio %, launch angle, total spin, deviation, angle of descent, angle of attack, side spin, club face angle, angle of descent, trajectory graphics, shot simulation, club acceleration and deceleration, data and reports. Call Dale Jorgenson at 263-3694 to schedule your personalized club fitting session.





ATTENTION

HOLE #5 CLOSED

Hole #5 is closed for now until the issue of golf balls going across the road is resolved. In the meantime, hole #6 will be played as two holes, a short par 3 and a short par 4. We will let you know when we are able to reopen hole #5. Your consideration and cooperation are appreciated.

LEARN TO GOLF ADULT CLASSES

TAKE THE MYSTERY OUT OF GOLF

2009 GROUP LESSON SCHEDULE

These group classes are designed for beginner golfers. The instruction covers all phases of the game including rules and etiquette. The goal of the course is to create new golfers.

P.O.C: DALE JORGENSEN, DIRECTOR OF GOLF
dale.jorgenson@zama.army.mil or 263-4224

INSTRUCTORS: Dale Jorgenson, Director of Golf
Schrab Nij, Assistant Golf Professional

DATE: Thursdays (Yearly Schedule)

TIME: 4 - 5:30 pm

CLASS SIZE: Maximum: 6 - 8 Persons Minimum: 6 Persons

PRICE: \$ 99 Per Person

Price Includes: -Five Group Lessons (First Four at Range, Fifth at Course)

-Four 9-Hole rounds of Golf (Cart not Included)

-Golf Clubs and Balls (For Class)

ENROLL: Sign Up at the Golf Course Pro Shop

ELIGIBILITY: Open to SOFA Status Personnel, MLC, IHA, HPT and JGSDF Only

SESSION #3: May 28th, June 4th, 11th, 18th and 25th

SESSION #4: July 9th, 16th, 23rd, 30th and August 6th

SESSION #5: September 3rd, 10th, 17th, 24th and Oct. 1st

SESSION #6: October 15th, 22nd, 29th, Nov. 5th and 12th



“See the Bugle for the advertisement”.

広告掲載はぜひビューグルで

「ビューグル」はキャンプ座間、MWRマーケティング部が発行する月刊誌です。毎月初め3,500部の「ビューグル」が座間基地、相模原住宅、相模デポ、横田基地、横須賀基地、厚木基地、及び山王ホテル、赤坂プレスセンター、根岸住宅等の施設に配布されております。

広告主様より掲載後お客様が増えた嬉しい報告を受けております。私共の広告掲載料金は他のメディアより安く設定されておりますので、限られた予算の中で大きな効果を上げられると信じております。皆様もこの機会に是非「ビューグル」へ広告掲載をご検討なさってはいかがでしょうか。

詳しいお問合せはMWRマーケティング部までお願いします。(日本語、英語どちらでも可)

* チーフ、リチャード ハーン

電話 046-407-4721 (直通)

* スタッフ

電話 046-407-4721/8994 (直通)



Your Travel Concierge!

Zama ITT

PLAN YOUR SUMMER TRAVEL!

OUR GOAL IS TO HELP YOU TO FIND YOUR PERFECT HASSLE FREE VACATION! WE ARE YOUR ONE-STOP, ON-BASE AGENCY TO MEET ALL YOUR TRAVEL NEEDS

- AIRLINE TICKETS
- TRAIN RESERVATIONS
- NARITA COMMERCIAL BUS RESERVATIONS
- TOUR PACKAGES
- HOTEL RESERVATIONS
- RENT-A-CAR RESERVATIONS
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- VISA PROCESSING
- MUCH MORE!

CALL ZAMA ITT OR CHECK OUR WEBSITE FOR MORE INFORMATION.



- Military PHONE 263-5273/4059
- Military FAX 263-7507
- E-Mail travel@zamaitt.com

- Commercial PHONE (046) 254-8896
- Commercial FAX (046) 255-0356
- Website: <http://zamaitt.com>









Community Night

Name That Tune

Friday, 15 May, CZCC Ballroom, 5 - 8 pm 

• Hors d'oeuvres, Prizes & Entertainment • Advance ticket \$3, at the door \$5

**IT'S RAINING CASH AT CZCC!
A CHANCE TO WIN UP TO \$1000!**

EVERY COMMUNITY NIGHT STARTING MAY 2009

- One name is drawn every Community Night
- If the prize is not claimed the giveaway will increase \$50 each Community Night Event until winnings are issued
- Minimum prize is \$250
- Winner must be present to win (friends or family member may not accept award)

ELIGIBILITY

- Must sign up at CZCC, SOFA personnel only
- Must be a Camp Zama Community Member
- At least 18 years old
- DoD I.D. card holder
- If tour of duty is extended in Camp Zama, an updated deros date will be required

C A L L CAMP ZAMA COMMUNITY CLUB 2 6 3 - 4 5 4 7



Gourmet Dinner

CAMP ZAMA COMMUNITY CLUB

EDA'S FINE DINING

Appetizer
- Terine of Leek w/ Seafood
Served Provence Style

Soup
- Creamed Potato Soup

Salad
- Spicy Beef Salad Thai Style

Entrée
Seafood
- Red Snapper w/ Japanese
Consomme Poached Daiton Radish
Served w/ Black Sesame Beurre
Blanc Sauce

Meat
- Filet Mignon Steak w/
Madera Béarnaise Sauce

Dessert
- Dark Cherry Tart

**\$55 PER PERSON
\$105 PER COUPLE**

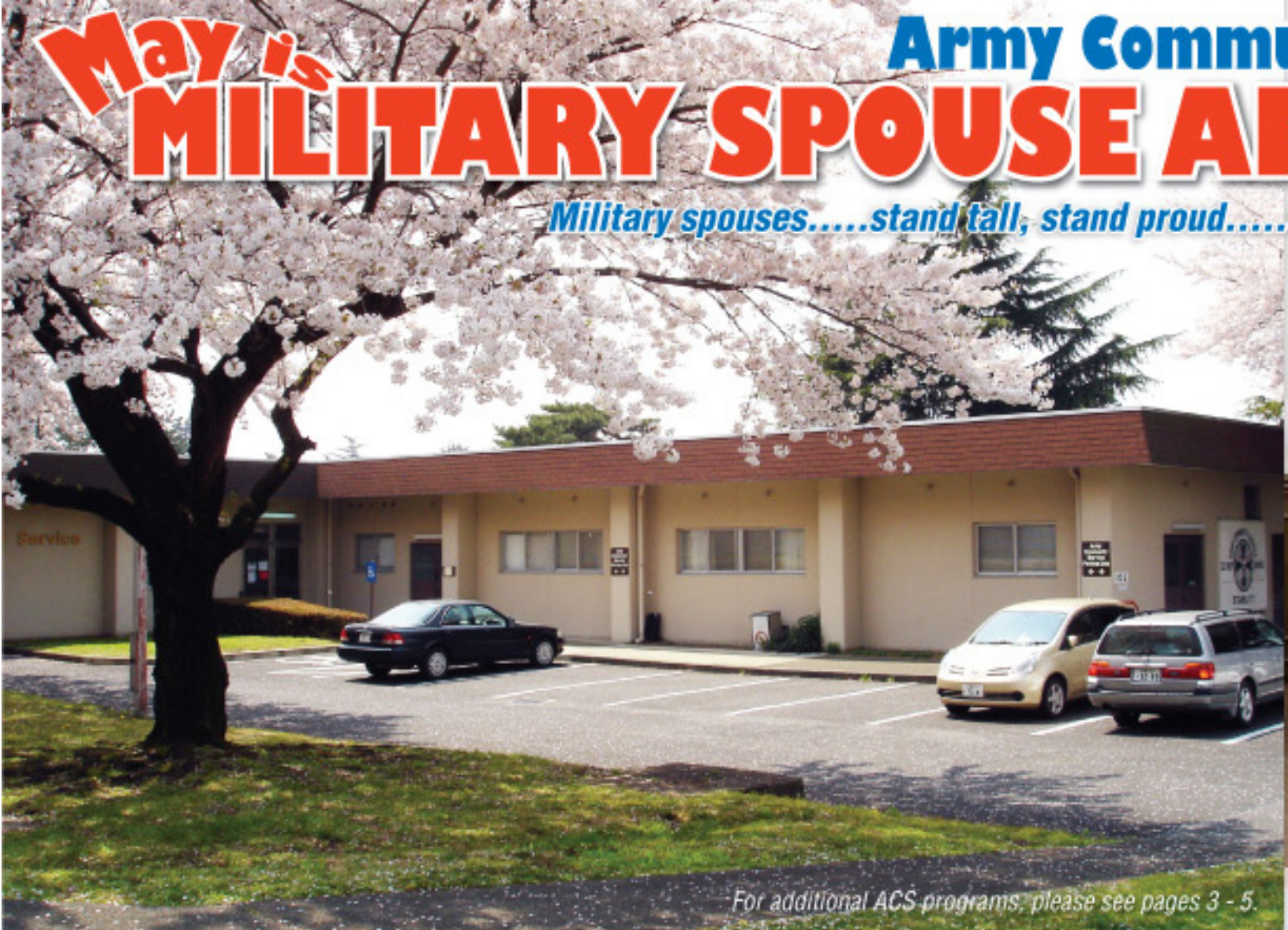
Limited Seating

Friday, 8 May, 6 - 9 pm  



May is **MILITARY SPOUSE A**

Military spouses.....stand tall, stand proud.....



For additional ACS programs, please see pages 3 - 5.

11:30 am - 1 pm. The luncheon will be held at the Camp Zama Community Club.

We would like to take this opportunity to remind you that in support of military spouses, ACS offers a variety of programs throughout the year, including Team Building, plus the services provided by Military and Family Life Consultants.

We are also very proud of the many spouses who participate as volunteers to support a myriad of activities and programs throughout the year. The dollars and enhances the event or program being offered, is recognized annually at the Volunteer Recognition Ceremony. Zama's top three volunteers are also recognized.

Spouses also play a key role in the annual Quarters Beautification Competition. This highly popular program, which at some installations is an additional prize at the December Tree Lighting Ceremony.

Awards for the above two major programs are coordinated through the MWR Commercial Sponsorship Office, and major sponsors of these programs are the USA Federal Credit Union.

For additional information, we invite you to stop by ACS, Building 402, or call 263-HELP (4357). We are committed to providing "First Choice" for military spouses.



Community Service

APPRECIATION MONTH

and know that you are truly our unsung heroes.



Since 1984, the Friday before Mother's Day has been designated the "Day of the Military Spouse". To acknowledge our appreciation for military spouses, Camp Zama and Army Community Service (ACS) would like to invite all military spouses to attend the Military Spouse Appreciation Luncheon on Friday, 8 May.

Among the programs offered are the Deployed Spouse Program, New Parent Support Program, Army Family

for both youths and adults. Their countless hours of dedication to this important service, which saves many receive recognition by the command staff, plus receive several quality prizes for supporting the community. known as the "yard of the month", is conducted May through September, and the overall winner is presented an

programs include American Airlines, Dydo Drink Company, Camp Zama Exchange, Outback Steakhouse, and the

quality service to you, your Family, and all other members in this community.

You are invited to the

Military Spouse Appreciation Luncheon

Friday, 8 May

11:30 am - 1 pm

Camp Zama Community Club

Please call the Army Volunteer
Corps Coordinator (AVCC) at
263-8087 to RSVP



QBC

Quarters Beautification Competition

- Awards for first, second and third place will be presented on site in each of the three areas on Friday, 15 May.
- Judging for the Quarters Beautification Competition (QBC) for May will be conducted during the period 1 - 11 May at the Zama, Depot and Sagami-hara Housing Areas.
- Please Note that this is the first QBC for this calendar year, so this is your opportunity to show the judges the results of your hard work and your dedication to maintain your government quarters in a high state of appearance.
- **REMINDER:** all winners throughout the May - September competition will also have another opportunity to be recognized. Prizes will be awarded to the OVERALL FIRST PLACE winner in each of the three areas at Zama's Christmas Concert and Tree Lighting Ceremony scheduled for the first week in December at the Music and Theater Workshop building.
- For additional information, please phone your community mayor or Army Community Service at 263-8087.



“See the Bugle for the advertisement”.

CAMP ZAMA COMMUNITY



BAZAAR

For more information:
263-5316



MAY 2009

(SATURDAY)

30

9 AM - 5 PM

(SUNDAY)

31

10 AM - 4 PM

AT THE CAMP ZAMA
COMMUNITY CLUB

OVER 50 VENDORS: CHINESE ROSEWOOD FURNITURE, CLOTHING, JEWELRY, POTTERY, ANTIQUES, TOYS, ELECTRONIC GOODS, KIMONOS, ARTS & PICTURES, KOREAN & THAI FURNITURE, HONG KONG LINENS.....

“See the Bugle for the advertisement”.

E

very
Tuesday Night is Family Night Special from 5 - 9 pm. Any two meals for \$15. Theme menu includes American, Chinese, Japanese, Korean, Mexican and Italian (menu will change every week). Included w/soup and tossed green salad, hot vegetable of the day and your choice of baked potato, rice, or mashed potato. Modified menu will be offered. Sorry, no take out.

■ Camp Zama Community Club

• 263-4547

FIRELITE LOUNGE

- **Hip Hop Music w/DJ**
On Friday Night, 1, 8, 15, 22, and 29 May, "Hip Hop music w/DJ" in the Firelight playing your favorite Hip Hop artist songs from 10 pm - 3 am.
- **Country Music with DJ**
On Saturday night, 2 and 9 May, 8 pm - 2:30 am in the Firelite Lounge, hear your favorite country artist songs. On the 2nd and 4th Wednesday, enjoy free line dance instruction from 8 - 9:30 pm.
- **Old School Night**
Saturday, 16 May, 8 pm - 1 am, playing your favorite 60's, 70's, 80's and 90's artist songs.
- **Latino Night**
Saturday, 23 May, 8 pm - 2:30 am in the Firelite. Dance to the sounds of Latino music from the best Latino DJ's in Japan.
- **Top 40 Music**
Saturday, 30 May, 8 pm - 1 am in the Firelight, Playing your favorite top artist songs.

LUNCH

Sunday Brunch (10 am - 1:30 pm):

Adults: \$12.95
Youths 8 - 12: \$6.95
Youths 4 - 7: \$3.95
3 and under: Free

31 No Sunday Brunch

Tuesday: (Rotisserie Chicken, Katsu Don and vegetable of the day)

- 5 • Chicken Picata
- 12 • Hawaiian Chicken
- 19 • Beef Croquettes
- 26 • Chicken Picata

Wednesday: (Rotisserie Chicken, Chicken Don and vegetable of the day)

- 6 • Beef Menchi Cutlet
- 13 • Pork Ginger w/Julienne Cabbage
- 20 • Veal Parmesan
- 27 • Pork Dijonase

Thursday: (Rotisserie Chicken and vegetable of the day)

- 7 • Stuffed Cabbage Roll w/Cream Sauce
- Spaghetti Napolitan
- 14 • Fried Chicken Vinegar Soy Sauce
- Chicken Caesar Pasta
- 21 • Pork Green Pepper w/Potatoes
- Linguine w/Clam Cream Sauce
- 28 • Petty Pork Cutlet w/Curry
- Wild Mushroom Pasta



STARBUCKS COFFEE
No breakfast service.



Cafe Roberto is proudly serving Starbucks coffee all day (11 am - 11 pm). Enjoy sandwiches, salads, nachos, pizza and desserts with Family or friends. Tuesday - Friday, 7 - 9 am. No food served after 10 pm.

\$10,000 BINGO NIGHT

Thursday, 21 May, CZCC Ballroom
Early Bird Game 6:45 pm, Regular Game 7 pm



Bingo Packet \$50 has all the games except Early Bird
Target Bingo Game-Bingo within 54# \$1,000
Up & Down Jackpot Game-Bingo within 51# \$3,000
Senior Jackpot \$10,000 coverall Bingo game
Addition Packet \$30



Camp Zama Community Club 263-4547



NEW PROGRAM!

PUZZLE NIGHT

12 and 19 May, 5 - 7 PM
CZCC CAFE ROBERTO

WIN CASH PRIZES!!

FOR MORE INFORMATION, CALL 263-4547

LUNCH

Friday "Lunch Buffet" (soup and vegetable of the day, \$6.95)

- 1 • Sweet Sour Pork
- Spicy Chicken and Vegetables
- Fried Rice / White Rice
- 8 • Baked Meat Loaf
- Southern Fried Chicken
- Mashed Potatoes w/Gravy
- 15 • Huli Huli Chicken
- Chinese Spare Ribs
- Sauteed Vegetable w/Bifun
- White Rice
- 22 • Chicken Enchiladas
- Beef Tacos
- Mexican Rice / Corn
- Burritos
- 29 • Chicken Macaroni au Gratin
- Italian Meat Balls w/Penne Pasta
- Garlic Rosemary Potatoes

Saturday (No Lunch)

Participants must be 18 or older.

DINNER MENU

Sunday (limited menu) 5 - 9 pm
"One Steak for \$10"

(no take out)

Includes soup and tossed green salad, hot vegetable of the day and your choice of baked potato, rice, or mashed potato. Modified menu will be offered on Sunday nights.

Monday - Closed

Tuesday (5 - 9 pm)

2 meals for \$15 and limited menu. Menu will change every week.

Wednesday (5 - 9 pm)

- Mongolian BBQ (\$0.75 oz)
- Limited menu

Thursday (5 - 9 pm)

- "All You Can Eat Pasta, Pizza, Soup and Salad Bar"
- (no take out)

Adult: \$10.95

Youth 4 - 12: \$5.95

DINNER MENU

- limited menu

Friday "Chef's Special"

Regular Menu (5 - 9 pm)

Saturday (regular menu 5 - 9 pm)

- Prime Rib Dinner
- Prime Rib and Shrimp Scampi

9 Texas Hold'em

15 Community Night

Our regular menu will be offered in addition to the above specials on Saturday night.



FREE • FREE • FREE

For more information, 263-4547

Gals ... and guys too!

30 pm in the Ballroom (right wing)

Special event for all SOFA personnel. Call to reserve the bunco table...or just show up! Special drawing reservations! No experience necessary to play!

Win gift cards and other great prizes!

“See the Bugle for the advertisement”.

■ Zama Bowling Center • 263-4780

THIS MONTH'S SCHEDULE

- *King of the Hill Tournament*
Sunday, 3 May, 11 am - 6 pm.
- *End of Winter Leagues Bowling Party* (9 pin No Tap Curtain Tournament). Sunday, 17 May, 11:30 am - 3 pm. \$5 entry fee and free pizza.
- *Invitational "Champions" Tournament*
Friday - Sunday, 22 - 24 May.
Compete with other military base bowlers.

SNACK BAR

Have you tried dining at our new Snack Bar? Come in and try out our deep pan pizzas and our signature "Lumpia". Many other choices on our menu to satisfy your taste buds. We pledge to provide you the best service that you expect and deserve at the Zama Bowling Center and Snack Bar.

LUNCHES

MONDAY

- 4 Taco Rice
- 11 Beef Stew
w/Corn Bread or Rice
- 18 Polish Sausage
w/Sauerkraut and
German Potato Salad

TUESDAY

- 5 Smothered Chicken
w/Mashed Potatoes and
Butter Beans
- 12 Kalua Pork w/Chicken
Long Rice, Steamed Rice
and Haupia Cake
- 19 Teriyaki Beef w/Macaroni
Salad and Rice
- 26 Hawaiian Sweet and Sour
Pork Ribs w/Rice and
Stir Fried Cabbage

LUNCHES

WEDNESDAY

- 6 Beef Caldereta w/Rice
- 13 Pork Adobo
w/Rice and Green Beans
- 20 Pork w/Peas over Rice
- 27 Gingered Pork
w/Rice and Shredded
Cabbage

THURSDAY

- 7 Meat Loaf
w/Mashed Potatoes and
Green Bean Casserole
- 14 Meatball Sandwich
w/Crab Slaw
- 21 Macaroni and Cheese
w/Sausage and Garlic
Bread
- 28 Mixed Tempura Platter
(Fish, Shrimp and
Vegetables) w/Rice

■ Sagami Lounge • 268-4954/4847 • Orders: 268-4142

LUNCHES

MONDAY

- 4 Lasagna w/Garlic Bread
- 11 Cheeseburger
- 18 Chicken Cutlet
(Lounge Special)
- 25 Closed

TUESDAY

- 5 Chicken Taco Rice
- 12 Roast Turkey
- 19 Steamed Chicken
- 26 Parmesan Pork Cutlet

WEDNESDAY

- 6 Chicken w/Chili Sauce
- 13 Spaghetti w/Meat Sauce
Casserole

LUNCHES

- 20 Lasagna w/Garlic Bread
- 27 Italian Hamburg Steak

THURSDAY (All-U-Can Eat)

- 7 Mexican Buffet
- 14 Oriental Buffet
- 21 American Buffet
- 28 Italian Buffet

FRIDAY

- 1 Chicken and Beans
Enchiladas
- 8 Fried Shrimp
w/Curry Sauce
- 15 Seafood Platter
- 22 Chicken Fajitas and Pilaf
- 29 Seafood Casserole

DINNER SPECIALS

TUESDAY NIGHT (LIMITED

MENU/DINNER SPECIAL - \$7.95)

- 5 Mexican Dinner Special
- 12 BBQ Dinner Special
- 19 Pizza and Pasta Dinner
- 26 Regular Menu

WEDNESDAY NIGHT

Family night movies for adults and youths 6, 13, 20 and 27 May regular dinner menu; choose your discount.

THURSDAY NIGHT

(CHEF'S SPECIAL DINNER)

- 7 French Dinner \$20
- 14 Chinese Dinner \$20
- 21 Prime Rib Dinner \$20
- 28 Regular Menu

FRIDAY NIGHT

(MONGOLIAN BBQ)

Fridays, 8 and 22 May, enjoy the best Mongolian BBQ in town!!! Also, on 1, 15 and 29 May we offer the regular dinner menu.

PRIME RIB DINNER

Thursday, 21 May, 5 - 8 pm

Please make a reservation. **Only \$20**



Solarium reservations. If you are considering a party in the Solarium, please submit a "Solarium Reservation Request" form to the front desk at the Yano Fitness Center (forms are available at the issue counter). Forms can be also emailed to you upon request. For more information, contact 263-3348/4664.

■ Sports, Fitness and Aquatics

263-3954 / 4664

ATTENTION POTENTIAL CONTRACTORS

The Yano Fitness Center is seeking interested applicants in the following areas:

Massage therapist, aerobics, martial arts, fitness trainers, Zumba, Tai Chi, yoga and other group exercises. For more information, call 263-3954/4042.

TAI CHI

Tai Chi (Chinese breathing exercise) and Kung Fu fitness (every Monday at 6:45 pm).

One session: \$6

4 sessions: \$20

TANNING BOOTH

The Yano Fitness Center has two tanning booths. Hours:

Monday - Friday:

6:20 am - 6:25 pm

Weekends:

10:05 am - 5:35 pm

Purchase a one session card for \$2.50, ten sessions for \$20, or

twenty sessions for \$35 (you must be at least age 18).

MASSAGE

• Aqua Massage

The Yano Fitness Center offers "Aqua Massage", \$5 for 15 minutes. You must be 18 years old.

• Shizuka's Massage Therapy

"Massage with Shizuka" is now being offered at the Yano Fitness Center by appointment only. Days offered are Mondays, Wednesdays, Fridays, and Saturdays. First appointment is 10:30 am and the last appointment is 4 pm. Call the front desk at 263-4664 for additional information. The cost is \$50 for 60 minutes, \$40 for 45 minutes or \$30 for 30 minutes. Payment must be made when making an appointment (you must be at least age 21). For more information, call 263-4664/3954.

• Yukari's Soft-Chiropractic Massage

Japanese "Physiotherapy with Yukari" is available on Fridays, 5:30 - 9 pm (first appointment at

YANO FITNESS CENTER

COMMANDER'S CUP



GOLF TOURNAMENT

CAMP ZAMA GOLF COURSE
10 am, Saturday, 30 May

*For more information, please call 263-4664.

- Type of play: To be determined by the number of team entries. Each team will consist of 4 players.
- No fee for the tournament. *Participants will pay for carts.
- Awards: First and second place team awards.
- Entry deadline to register is 5 pm, Monday, 22 May. Please register at the Yano Fitness Center issue counter.

CLOSED FOR MAINTENANCE



On Wednesday mornings, the jacuzzi, sauna, and steam room are closed for maintenance from 8 am - noon.

5:30 pm and the last appointment at 7:15 pm), and on Sundays, 11 am - 6 pm (first appointment at 11 am and the last appointment at 5 pm). Call the front desk at 263-4664 for additional information. The cost is \$50 for 60 minutes, \$40 for 45 minutes or \$30 for 30 minutes. Payment must be made when making an appointment (you must be at least age 21).

• **Brian's Massage**

Tuesdays: 3:30 am - 9 pm

Wednesdays: 5:30 am - 9 pm

Cost:

Swedish Massage:

30 minutes: \$25

60 minutes: \$45

Sports Massage:

60 minutes: \$60

90 minutes: \$85

Deep Tissue Massage:

60 minutes: \$60

90 minutes: \$85

NOTICE: The massage gift certificate is good for 90 days from the day of purchase. If you have a gift certificate and you are not sure of the expiration date, please contact the front desk at 263-4664.

AQUATICS

• **SHA Outdoor Pool Hours**

23 May - 7 June: Weekends only

10 June - 7 September:

Wednesday - Sunday

11 am - 6 pm

Monday and Tuesday

Closed

• **Water Aerobics Days and Hours**

Water Aerobics Classes:

Mondays, Wednesdays and

Fridays: 9 - 10 am

Aqua Jogger Class:

Tuesdays and Thursdays:

6 - 7 pm

See flyer for specific details and cost.

YANO FITNESS CENTER
**INTRAMURAL
SOFTBALL
SEASON 2009**

Games start on/around 1 June.

- Entry deadline: Thursday, 28 May, 3:30 pm
- Coaches meeting: Thursday, 28 May, 3:30 pm

**Individuals wishing to participate and not assigned or attached to/from a unit not fielding a team may enter the player's pool.*

**For more information, please call 263-4664.*

**Learn-to-Swim
Summer Program**

Sessions

- #1** 15 June ~ 6 July
- #2** 13 July ~ 31 July
- #3** 10 August ~ 28 August

Weekend Sessions

- #1** 13 June ~ 12 July
- #2** 25 July ~ 23 August

**No classes on 4 July & 1 August.*

**For more information, please call 263-4664.*

TRAINING RESERVATIONS (SWIMMING POOL)

If you are considering utilizing the Yano pool for unit PT, water survival training, or any other structured training program, submit a "Pool Training Reservation Request" to the front desk at the Yano Fitness Center. For reservations, submit the reservation request no less than six weeks in advance. Forms can be e-mailed upon request. Need ideas for PT Training? Do you need an instructor? We can help! Types of training we support: Water Survival Training, Water Aerobics, Aqua Jogger, APFT Swim Test and Swimming Technique.

AGE POLICY FOR SWIMMING POOL

Children 12 years of age and below are not permitted in the pool unless accompanied by and under the direct supervision of a parent or adult guardian. Children 13 and older have access to the pools without parental supervision. Exception: Children participating in special programs organized and conducted by Aquatics, CY5, the schools, or other authorized youth organizations may participate under designated adult supervision.



Inner Tube Water Polo

9 am • Saturday, 9 May • Yano Pool

Fees: FREE

Type of Competition: Tournament format to be determined. 6 on 6. *One team per unit!

Awards: 1st and 2nd place teams.

Entry Deadline: Register at the Yano Fitness Center issue counter by 5 pm, Wednesday, 6 May.

*For more information, please call 263-4664.



YANO FITNESS CENTER

COMBATIVE TOURNAMENT

9:00 AM
SATURDAY
16 MAY

- Unit level team competition.
- Categories to be determined.
- Open to all military personnel in the Camp Zama, Sagami Depot, and Sagami Hara Housing Area, retirees, DoD/DMC, ANTES, Family members (18 years of age or older & not in high school), JSSDF, and WLC employees.
- Awards will be presented to the 1st & 2nd place teams.
- Commanders Cup points will be awarded for this event.
- For more information, please call 263-4664.



YANO FITNESS CENTER

ARMY 10 MILER TRYOUTS

6 AM • WEDNESDAY • 20 MAY

- At Sagami Depot Fitness Center
- Active Duty Army • Sign up at Yano Fitness Center front counter.
- Transportation provided. Pick up point is Yano Fitness Center at 5 am.

*For more information, please call 263-4664.

CLASSES

• Ballroom Dance

* Beginner's Class (four classes per month, ¥3,000).

Thursday:

5:15 - 6:10 pm

* Basic Class (four classes per month, ¥4,500):

Tuesday: 5:15 - 6:10 pm

The class is designed for students who have completed the beginners class, or students who have been attending the beginners class, or people who have experience and/or good physical ability for dancing.

* Intermediate Class (four classes per month, ¥6,000):

Tuesday: 6:20 - 7:15 pm

The class is designed for students who have completed the basic class, or students who have been attending the basic class, or people who have more than a few years of experience, skills and abilities for ballroom dancing.

• **Piano Lesson** (four classes a month, ¥7,000).

Monday - Friday.

• **Violin Lesson** (four classes a month, ¥7,000).

Tuesday or Thursday.

• **Koto Lesson**

Tuesday (four classes a month).

Adult: ¥8,000, Youth: ¥7,000

• **Jazz, Ballet and Lyrical Dance** Monday

* Ballet I (ages 5 - 6): \$60
4 - 5 pm.

* Ballet II (ages 7 - 9): \$60
5:15 - 6:15 pm.

* Ballet III (ages 10 over): \$60
6:30 - 7:30 pm.

* Ballet IV / Advanced (age 12 over)
\$60. Tuesday, 5:45 - 6:45 pm.

* Pointe / Advanced (age 12 over)
\$15. Tuesday, 6:45 - 7:45 pm.

• **Creative Movement / Pre-Ballet** (ages 3 - 4): \$45

Tuesday, 4 - 4:30 pm or 5 - 5:30 pm.

ATTENTION

The Music and Theater Workshop will be closed until the end of July 2009 due to renovation.

• Jazz

* Introduction to Jazz (ages 6 - 9): \$60

Wednesday, 4 - 5 pm.

* Jazz Technique (ages 10 over or by audition): \$60

Wednesday, 5:15 - 6:15 pm.

• **Lyrical (Advanced)**

• **Taekwondo Class**

Monday and Thursday, 5:30 - 8:30 pm.

COMING SOON

ATA certified taekwondo program, Tuesday and Friday, 5:30 - 8:30 pm.

If you are interested in teaching a class, please stop by the Community Cultural Center or call 263-8892.

Armed Forces Entertainment Presents

PACIFIC TOUR 2009 SCHEDULE

the grilled lincolns



6 May, 8 pm at CZCC Firelite Lounge

You probably haven't heard anything like this Baltimore-based band. With hip-hop, jazz, reggae and rock influences, the Grilled Lincolns have a sound that receives critical acclaim. Voted "One of Baltimore's Hottest Bands" by bestofbands.com, audiences can't get enough of their rock-rap-funky-reggae-jazz infusion.



Register to win this custom guitar at armedforcesentertainment.com.

ma'ohinui



26 May, 7:30 pm at Hob Nob Inn

Experience the beauty and power of Polynesia! The elaborately costumed Ma'ohi Nui dancers will entertain you as they dance to the beat of thunderous drums, conch shells, and traditional music. Directed by Mervyn Lilo, who starred in box office hits Six Days Seven Nights and Be Cool, Ma'ohi Nui will take you on a South Pacific journey to experience the cultural dances of Tahiti, Samoa, Tonga, New Zealand and Hawaii.

Zama Arts and Crafts Center is seeking interested instructors in the following areas: acrylic paint, tole paint, washi-paper craft, digital photography, pottery, balloon art and sawing.

■ Arts and Crafts • 263-4412

CLASSES

- **Wood Shop Orientation for DA 3031.**

Saturdays: 10 am, no fee.

- **Frame Shop Orientation**

2nd and 4th Thursday, 6 pm, \$10 a class; supplies are not included.

Advance and refresher classes are conducted upon request, \$10 a class, supplies are not included.

- **Scrap Book Classes**

Thursdays at 2 pm. Cost is \$15 for a class. Supplies are included. Bring a few of your own photos.

- **Water Color Painting Classes**

Wednesday, 6 pm, \$15 for a class.

- **Washi Paper Craft Workshop**

Fee is \$10; supplies are available at the sales store (by appointment only).

- **Tole Painting Class "American Folk Art"**

Thursdays, 3 pm, \$15 for a class.

- **Ikebana** (fresh flower arrangement class)

1st, 2nd and 3rd Thursday, 2 pm, \$20 for a class, plus ¥1,000 (flower fee).

- **Shodo** (Japanese calligraphy class), Thursdays, 3 pm, \$10 for a class; includes all supplies.

- **Pottery Classes**

* Wednesday class: 4 - 6 pm, \$20 for a class, supplies are included.

* Thursday class: 1st and 3rd Thursday, 6 - 8 pm, \$20 for a class, supplies are included.

* First Saturday of the month, 10 am - noon, \$20 for a class, supplies are included.

* Etsuke class (drawing for pottery) is also available, 5 - 6 pm, \$10 a class.

NOTE: All classes require advance registration. Schedules are subject to change.



Balloon Shop

We have a message for every special occasion in your life (helium filled mylar and latex balloons). For better service, place your order in advance.

For more information, 263-4412



ARTS and CRAFTS CENTER

9TH ANNUAL WILD ANIMAL LIFE PHOTO CONTEST

- Entries must be in NLT Sunday, 31 May at the Camp Zama Arts and Crafts Center.
- Exhibition will be 10 - 21 June at the Camp Zama Community Club (CZCC).
- 1st, 2nd and 3rd place will be awarded.
- Awards will be presented at the 4th of July celebration.

*For more information, please call 263-4412.



ZAMA Auto Craft

TOWING SERVICE AND ROADSIDE ASSISTANCE

We offer a towing service and roadside assistance Wednesday through Sunday during regular Auto Craft Shop hours of operation.

HOURS OF OPERATION:

Monday and Tuesday: CLOSED
 Wednesday - Friday: 1 - 9 pm
 Saturday and Sunday:
 10 am - 6 pm

PLEASE NOTE:

- Wednesday - Saturday clean up starts a half hour before closing.
- Sunday clean up starts one hour before closing.

SAFETY ORIENTATION

DA-3031-1 Qualifications Card to use the auto craft shop is issued after a safety orientation given every day 15 minutes after opening and whenever time is available. This briefing is required before facility use and takes about 45 minutes.

SERVICES

• Used Vehicle Courtesy Inspection

We offer a 20-point courtesy inspection for Soldiers and eligible personnel who are considering the purchase or resale of a used vehicle. The purpose of this inspection is to help assess the condition of the vehicle before buying or selling. We do not make recommendations or give guarantees. Inspections are done by appointments only.

• Engine Flush and Fuel System Cleaning

We offer a service of internal engine cleaning and fuel line cleaning for most vehicles and each service is only \$59.95. Engine flush requires the customer to purchase oil and an oil filter. Appointments must be made for both services.

CAR WASH

The Sagami-hara Housing Area car

wash is closed indefinitely due to damage. The Zama car wash can be accessed:

Monday - Tuesday:
 8 am - 4:30 pm,
 Wednesday - Friday:
 8 am - 8:30 pm
 Saturday - Sunday:
 9 am - 5:45 pm.

NOTE: Please note that during winter months it is advised that you use the car wash in the afternoon to let the machine warm up for optimal operating conditions.



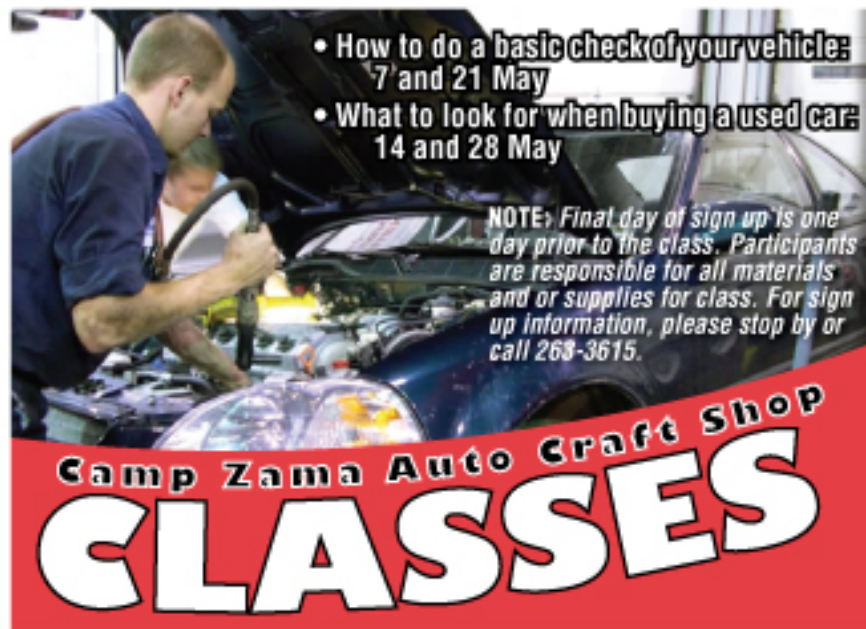
USED PARTS FOR SALE

- 18" rims, 8" (+40) wide and 9" (+45) wide - - - - \$160
- "MD" player Japanese radio tuner - - - - - \$35
- 6 X 9 speaker - - - - - \$30 pair
- 6 1/2" speaker - - - - - \$15 pair
- 5 1/4" speaker - - - - - \$15 pair
- Honda Odyssey aftermarket springs, front and rear - \$25 set
- Safety roadside flares - - - - - \$2

We also have used tires; just stop by with your car and see if they are on the rack.

FREE STUFF

- "KIT" liquid type carnauba car wax
- Various vehicle rear brake shoes
- Various vehicle spark plugs



How to do a basic check of your vehicle:
 7 and 21 May

What to look for when buying a used car:
 14 and 28 May

NOTE: Final day of sign up is one day prior to the class. Participants are responsible for all materials and or supplies for class. For sign up information, please stop by or call 263-3615.

Camp Zama Auto Craft Shop

CLASSES



n-Line Catalog.

Search our collection
from home or work at:
<http://yoko.sirsidynix.net.au/uhtbin/webzama>.



Community Libraries • 263-3517

<http://www.usarj.army.mil/information/zama/mwr/library/index.htm>

NEW MCNAUGHTON BOOKS

- Bone Crossed by Briggs, Patricia (Best Seller)
- Engine 2 Diet by Esselstyn, Rip (Best Seller).
- The Power of Soul by Sha, Zhi Gang (Best Seller).
- Return of Depression Economics and The Crisis of 2008 by Krugman, Paul R (Best Seller).
- Very Valentine by Trigiani, Adriana (Best Seller).
- Basketball Jones by Harris, E. Lynn.
- Lost City of Z by Grann, David
- Psychic Healing by Browne, Sylvia.

- Slobbering Love Affair by Goldberg, Bernard.
- Still Life by Fielding, Joy.

NEW DVDS

- Turn it Up Fiction
- 30 Rock Season 2 Fiction
- Babylon A.D. Fiction
- The Dog Whispered Non Fiction

NEW VIDEO GAMES

- Shaun White Snowboarding (XBOX360)
- Hannah Montane Spotlight World Tour (Wii)
- Disney Sing It (Wii)

Outdoor Recreation and Local Tours • 263-4671

THIS MONTH'S TOURS AND EVENTS

- Japan Open Air Fork House Museum

Saturday, 2 May, 9 am - 4 pm

- Doki Doki Flea Market at Makuhari Messe

Sunday, 3 May, 7 am - 6 pm

- Tea Picking, Numazu Port and Imperial Villa

Saturday, 9 May, 6:30 am - 6:30 pm

- Hobby Show at Tokyo Bigsight

Saturday, 9 May, 8:30 am - 4:30 pm

- Kasairinkai Seaside Park

Sunday, 10 May, 8 am - 4:30 pm

- Mother's Day Lunch and Odaiba Free Time

Sunday, 10 May, 9 am - 5:30 pm

- Shimoda Black Ship Festival

Saturday, 16 May, 6 am - 8 pm

- Hakone Old Tokaido Hike

Saturday, 16 May, 7 am - 4 pm

- Fuji Safari Park

Sunday, 17 May, 8 am - 5 pm

- Nikko 1000 Samurai Parade

Monday, 18 May, 5 am - 8:30 pm

- Minakami White Water Rafting

Saturday, 23 May, 3:30 am - 6 pm

- Indigo Dyeing and Old Japanese Style Warehouse Street

Saturday, 23 May, 6 am - 8 pm

- Kusatsu Onsen Overnight

Sunday, 24 May, 7 am

Monday, 25 May, 6 pm

- Clam Digging

Sunday, 24 May, 6:30 am - 4 pm

- Fujikyu Highland

Monday, 25 May, 7 am - 7 pm

- Deep Sea Fishing (Shimagatsuo)

Saturday, 30 May, 4 am - 3:30 pm

- Tama Tech

Sunday, 31 May, 9 am - 5 pm

EXPERIENCE THE DEEP BLUE.

SCUBA

PADI OPEN WATER CERTIFICATION
4 - DAY COURSE

Saturday, 2 May ~ 8 am - 8 pm
Sunday, 3 May ~ 9 am - 8 pm
Saturday, 23 May ~ 5 am - 6 pm
Sunday, 24 May ~ 5 am - 6 pm
*Basic swimming skills required.

*For more information,
please call Outdoor Recreation
at 263-4671.

■ Chapel Activities • 263-4898

CATHOLIC SERVICES

Mondays - Fridays, noon, daily Mass, Blessed Sacrament, Chapel
Sundays, 9:15 am, Mass, Zama Chapel.

Sundays, 10:45 - 11:45 am, CCD and RCIA, Bldg 278, Religious Education Center.

4th Monday, 7 pm, MCCW Meeting, Zama Chapel.

PROTESTANT SERVICES

Sundays, 9:30 am, Sunday School, Bldg 278, Religious Education Center.

Sundays, 11 am, Worship Service, Zama Chapel.

Sundays, 11 am, Children's Church.

Sundays, 6:30 - 7:30 pm, Youth Group (7 - 12 grades).

(A nursery is provided for children up to 36 months at Zama CDC, Bldg 502, during the time of Sunday services only).

SAGAMIHARA INSPIRATIONAL SERVICES

Sundays, 9 am, Sunday School, Sagamihara Chapel.

Sundays, 10:30 am, Worship Service, Sagamihara Chapel.

Wednesdays, 6:30 pm, Bible Study (men, women and youths), Sagamihara Chapel.

(Children's church and nursery services are provided for children up to kindergarten at the Sagamihara Chapel during the time of Sunday services; youth church for 1st grade through 6th grade during Sunday service).

PENTECOSTAL WORSHIP SERVICE

Sundays, 8 am, Worship service, Sagamihara Chapel.

Sundays, 9 am, Children's Church, Sagamihara Chapel.

Tuesdays, 6:30 pm, Bible Study, Sagamihara Chapel.

SEVENTH DAY ADVENTIST SERVICES

1st and 3rd Saturdays, Joint Service, Eastside Chapel at Yokota AB.

10 am, Sabbath School

11 am, Divine Worship

Contact Tom Johnson at 263-3275 or tom.johnson3@zama.army.mil

JEWISH SERVICES

For information about Jewish worship services and holiday events, please contact Sharon Goodman, the Camp Zama Jewish Lay Leader, at DSN 267-6190 or from off post, 042-869-6190, or write to sharon-rok@yahoo.com

BUDDHIST SERVICES

(Soka Gakkai International - U.S.)

Mondays and Fridays, 7 pm, discussion, Sagamihara Chapel. Contact Mr. or Mrs. Fulford at 046-257-0613 or at forris@forrisfulford.com.

THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS (LDS)

Sundays, 9 am - noon, Sunday Service, LDS Chapel located on Route 40, 5 - 10 minutes outside Atsugi Base (East Gate).

Tuesdays, 7 pm, Tuesday Night Youth Activity, Sagamihara Chapel. Call Richard Smith, 046-234-9490, or Travis Sommer, 267-6534.

CHURCH OF CHRIST

Sundays, 9:45 am, Sagamihara Family Housing Area, 301D.

For more information, call 267-6529 or e-mail slmerrell@yahoo.com

ONGOING BIBLE STUDIES

Tuesdays, 11:45 am - 12:45 pm, Community Lunch Bible Study (lunch is provided). Evangelical Ethics is the first book study. Topics to be covered include: abortion, environmental ethics, euthanasia, and other cultural issues. POC is Chris Wallace at chris.w.wallace@us.army.mil.

Wednesdays, 6:30 - 7:30 pm, Adult and Youth Bible Study, Sagamihara Chapel, Pastor Haywood at 263-5624.

Thursdays, 9:30 am, PWOC (Protestant Women of the Chapel) Bible Study, Beth Alexander at

267-6155.

Thursdays, 11:30 am, Men's Bible Study, CZCC Roberto's, CH Sears at 268-4534 or 267-6086.

Thursdays, 6 - 8 pm, PWOC Bible Study, Zama Chapel, Beth Alexander at 267-6155. desire more information, please call the chapel at 263-4898.

CHAPEL ACTIVITIES IN MAY

Sunday, 3 May, 9:15 am, May Crown-ing (Catholic), Zama Chapel.

Thursday, 7 May, 6:30 am, National Prayer Breakfast (Community), CZCC. For more information, contact SSG West at 263-8064 or Mrs. Motegi at 263-4898.

Sunday, 10 May, 9:15 am, First Holy Communion (Catholic), Zama Chapel.

Sunday, 17 May, 10:45 am, CCD Last Day (Catholic), Religious Education Center.

Sunday, 31 May, 7 pm, Camp Zama Baccalaureate Service, Zama Chapel. For more information, contact Chaplain Causey at 263-3075 or Mrs. Motegi at 263-4898.

Interactive Customer Evaluation



We are listening!

Please give us your
ADVICE

Interactive Customer Evaluation

Good or Bad, we'd like to know!

Make your input online
at the US Army
Garrison, Japan ICE site
and enter to win a
prize! Drawing held at
the monthly Community
Night.

<http://ice.disa.mil/index.cfm>

■ Directory of DMWR Facilities & Additional Activities

DIRECTORATE OF MORALE, WELFARE AND RECREATION 263-7611/3690

Army Community Services Branch

■ Army Community Services 263-4357
Mon, Tue, Thu, Fri 0730-1630
Wed 0730-1500

ZAMA Golf Club

■ DIRECTOR OF GOLF 263-3694
ADMINISTRATIVE OFFICE 263-4966

(All the following golf activities are open during lunch).

Course/Starter 263-4975
Mon-Fri 0700-1700
Weekends & US / Japanese Holidays 0600-1700

Restaurant 263-7665
Mon, Tue, Thu, Fri 0630-1900
Wed 0630-1900
Weekends & US / Japanese Holidays 0530-1900

Pro Shop 263-5284
Mon-Fri 0645-1700
Weekends & US / Japanese Holidays 0545-1700

Driving Range (Unattended)
Mon - Fri Sunrise-2200
Saturday Sunrise-1930
Sun 1600-2200

Chip Inn & Snack Stand 263-5834
Mon-Fri 0800-1600
Weekends & Hol. 0700-1500

Business Division

■ ADMINISTRATIVE OFFICE 263-7935

■ BOWLING CENTER ZAMA 263-4780
Mon-Wed, Sat-Sun 1100-2200
Thu & Fri 1100-2230
Holidays Closed

■ BOWLING CENTER DEPOT 268-4954/4606
Tue - Sat 1100-2000
Sun - Mon Closed

■ ZAMA COMMUNITY CLUB
■ ADMINISTRATIVE OFFICE 263-4133

Lunch
Tue-Fri 1045-1315
Sunday Brunch 1000-1330

Cashier 263-4547
Sun-Thu 1000-2300
Fri 1000-0230
Sat 1000-0200

Catering 263-4204
Tue, Thu & Fri 0930-1730
Wed (Appts Only)

Café Roberto
Sun, Tue & Wed 1100-2300
Thu 1100-2200
Fri & Sat 1100-2300
No food service after 2200 hours

Cornerstone Game Room (no bar)
Tue-Thu & Sun 1000-2300
Fri 1000-0300
Sat 1000-0230

Firelite Lounge
Sun-Tue & Wed Closed
Thu Closed
Fri 1800-0300
Sat 1900-0230

USA Dining Room
Tue, Thu & Sun 1700-2100
Wed Closed
Fri-Sat 1700-2200

■ HOB NOB INN 267-6097

Lounge & Game Room
Sun, Mon, Tue Closed
Wed 1630 - 2300
Thu 1630 - 2100
Fri 1630 - 0100
Sat 1900 - 0100

■ SAGAMI LOUNGE 268-4954
Take Out 268-4142

Lunch (Mon-Fri) 1100-1300
Dinner (Tue-Sat) 1700-2000
Lounge/Game Room
Tue-Thu 1100-2200
Fri 1100-2400
Sat 1630-2300
Open during lunch

Recreation Division

■ CHIEF RECREATION OFFICE 263-3479
■ ADMINISTRATIVE OFFICE 263-5614
■ ARTS & CRAFTS CENTER 263-4412

Mon-Tue Closed
Wed-Thu 1300-2100
Fri, Sat & Sun 1000-1800
Open during lunch

■ AUTO CRAFTS SHOP 263-3615

Sun-Mon Closed
Tue-Fri 1300-2100
Sat 1000-1800
Open during lunch

■ COMMUNITY CULTURAL CTR 263-3939

Mon-Fri 0800-2100
Sat, Sun & Hol Closed
Open during lunch

■ INTERNATIONAL TOURS 263-5273

Mon-Fri 1000-1800
Open during lunch

■ LIBRARY
Zama 263-3517

Mon-Thu 1000-2030
Fri-Sun 1000-1800
Open during lunch
U.S. Holidays Closed

Sagamihara 267-6603

Tue-Thu 1000-1900
Fri-Sat 0900-1800
Sun, Mon & Hol Closed
Closed for lunch 1400-1500

■ OUTDOOR RECREATION 263-4671

US Holidays Closed
Vehicle/Equipment Rental & Local Tours
Mon-Fri 0900-1730
Sat-Sun 0800-1600
Open during lunch

Animal Boarding Kennels 263-5915

Mon-Fri 1000-1700
Sat-Sun 1000-1600
Closed for lunch 1230-1330

Hardy Barracks Lodging 229-3270
Kure Lodging 256-2580

■ POOLS 263-5656
YANO 263-5037

Mon-Fri 0600-1900
Sat-Sun, Holidays 1000-1800

SHA (Summer) 263-5656/267-6122
Wed - Sat 1030-1800
Sun 1200-1800
Mon, Tue Closed

DEPOT (Closed)

■ SPORTS/FITNESS CENTER 263-4664
Zama 263-3954

Mon-Fri 0530-2100
Sat-Sun, Holidays 1000-1800

Sagamihara 263-3954/267-6762
Mon-Sun Open 24 hrs

Depot 268-4729
Mon-Sun, Holidays 0930-1830

Support Services Division

■ DIRECTOR 263-4273
■ ADMINISTRATIVE OFFICE

Child, Youth & School Service Division

■ CHILD, Y&SS COORDINATOR 263-8086
(All the following CDC facilities are open during lunch.)

CYS Central Enrollment Registry Office

263-4125
263-4743

Mon-Fri 0800-1700

Family Child Care 263-4743
263-4125

Sagamihara CDC 267-6564
Mon-Fri 0530-1800

Zama CDC 263-4992
Mon-Fri 0530-1800

■ YOUTH SERVICES
Zama Youth Center 263-4500

Mon-Thu 1430-2000
Fri 1430-2200
Sat 1200-2200
Sun 1200-1700

School Age Services (SHA) 267-6317
Mon-Fri 0630-1800

Youth Sports 263-5437
Mon-Sat 0900-1800
Open during lunch

School Liaison Office 263-3241

Zama Lodging

■ ADMINISTRATIVE OFFICE 263-3293
Reservation Desk

263-2775
Front Desk 263-3830
Open 24 hours/7 days a week

USAG-J Okinawa MWR

■ MWR OFFICE 644-5396
■ ADMINISTRATIVE OFFICE 644-4270

■ ARMY COMMUNITY SERVICE
Director 644-4110

Relocation Coordinator 644-4385

Mob-Dep/IVC 644-4116

Financial Readiness/AER 644-4378

Family Advocacy Program 644-5919

Victim Advocate/SARC 644-4908

AFTB/AFAP Program 644-4743

EFMP Program 644-4106

ACS FAX 644-5918

School Liaison Office 644-4703

■ ARTS & CRAFT CENTER 644-4303
Lobby 644-4706

■ AUTO CENTER 644-5612

■ CORAL COVE COMMUNITY CLUB
Business Manager 644-4256

Lounge 644-4306

Cashier Cage 644-4426

■ LIBRARY 644-4468
Staff Room 644-5335

■ MARKETING
Commercial Sponsorship 644-4495

Graphic/Illustration 644-4665

■ SPORTS / FITNESS 644-4334
Aquatics 644-4389

■ OUTDOOR RECREATION
Scuba Locker 644-4795

Retail Sales 644-4290

Equipment Issue 644-4263

Beach Rental Office 644-4659

Cabin Reservation 644-4659

Kure Harbor Club

■ MWR Office 256-2580
256-2581

0800-1630
■ Outdoor Recreation 256-2575

0900/1700

■ Dining Room
Mon-Fri (Breakfast) 0700-0830

Mon-Fri (Lunch) 1130-1300

Tue-Sat (Dinner) 1630-2000

■ Bar
Mon 1630-2000

Tue-Sat 1630-2200

■ PX / CLASS 6
Mon-Fri 0900-1730
Sat 1130-1530

"Under The Stars"

Evening Wine Societal

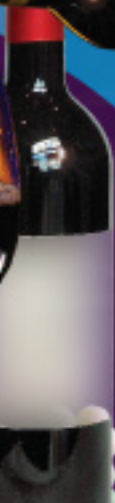


23 May, 6 pm, CZCC

Wine sales by the glass or bottle

Enjoy an evening of wine and jazz
Complimentary Hors d'oeuvres

For more information call 263-4547



ONE DAY INDIVIDUAL STROKE PLAY

Saturday, 16 May, Zama Golf, 0730 back 9 Shotgun Start



- Open to the first 72 players to sign-up
- Current USGA Handicaps are required, (Handicaps as of May 1, 2009 will be used)
- The field will be divided into flights of 12 based on USGA handicap index
- Gift certificates will be awarded to the top 4 net finishers in each flight
- Entry fee \$20 (Does not include carts or lunch)
- Deadline for application is Tuesday, 12 May, 1700 hours
- Payout as follows:
1st \$100, 2nd \$75, 3rd \$40, 4th \$25
Payout may vary based on size of field

CONTACT DALE JORGENSON
DIRECTOR OF GOLF AT 263-3694
EMAIL AT DALE.JORGENSON@ZAMA.ARMY.MIL



Mother's Day Buffet

Sunday, 10 May, CZCC Ballroom, 10:30 am - 2:30 pm
Adults \$15.95, Youths 4 - 12 Years \$9.95, Youths 3 Years & Under FREE, \$2 More at the Door

• Carving Station

Roasted Top Round of Beef w/ Aujus and Horseradish
Honey Maple Glazed Ham w/ Pineapple Sauce

• Omelet Station

Your favorite omelet, cooked to order

• Breakfast Station

Bacon, Sausage

• Breakfast Potatoes

Eggs Benedict

French Toast and Maple Syrup

Waffles w/ Fruit Topping

• Chilled Food Station

Assorted Salad & Fruit Bar

• Soup

Creamed Potato Soup

• Hot Food Station

Herb Roasted Lamb w/ Mustard Sauce

Stuffed Salmon w/ Sauce Barbara

Chicken Parmesan

Herb Oven Roasted Potatoes

Shrimp Penne Au Gratin

Buttered Corn

Mashed Potatoes w/ Gravy

Rice Pilaf

Grits

Assorted Bread & Rolls

• Dessert Station

Chef's Selection of Delicious Decadent Treats

For More Information,
Call 263-4547

